**YTHAN RC INDOOR XC TRAINING**

**With Iona Campbell**

**&**

**TopSpec Weighbridge Clinic**

**With Katharine Mieras**

**FOUNTAIN E.C.**

**SUNDAY 17TH JANUARY 2021**

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**Indoor XC Training with Iona Campbell**

**Sunday 17th January 2021 at Fountain EC.**

A great way to get your 2021 XC training started.

4 per Group

**Members £15 - Non- Members £25**

Entries open to Members 23/11/20 and Non-members on 30/11/20

**Spaces are only confirmed when booked and paid for by**

**Paypal (Friends & family) ythanrc@gmail.com**

**Contact Shona Rose 07789692134 or e-mail** **ythanrc@gmail.com**

**\*\*\*Times will be published on Facebook\*\*\***

There is no charge for the TopSpec Weighbridge. Please allow approx. 15 min either before or after your lesson to chat with Katharine.